



Providing A New Understanding Of Self Sabotage – And How To Transform It

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Now that I've started to see what I've been doing over and over again in my life, I can't believe how I used to blame the other people. No longer do I get so bothered by things – it's like there is no more "chain" to be jerked! I feel like I'm finally free.
~ S. Tiffany, Consultant, Virginia

More Comments from Clients:

- “Rochele opens the door to a whole new understanding of how to view and understand our life experiences. She helps you see your essential truth in an entirely different light. She intuits this discovery with you, her insights are uncanny, and once you go through the process, you will never go back. She discovers the person you really are. It's like being born again.”
~David Ross, CEO, Atlanta
- “... Thanks to the work you did with me [it] has made a huge change in my life. The kids are happier and I'm not shouting at everyone now. I can honestly say you saved my life in more than one way. ... My wife has still not made a decision to stay or move on [and] this is causing a degree of underlying anxiety. ... Old Brian would have been easy to leave as he was not nice! ... This has been very interesting experience to live through watching someone who has learnt to dislike someone (Me) so much and then finding that they are now not that person anymore. ... So in short I'm completely changed as a person. ... still have a few bad days but these are getting fewer.”
~Brian Goodfellow, Sales Exec., London, UK
- “It's amazing how this reduces stress. What I have known I wanted – and what I have now experienced -- is the ability to just disconnect from the continual judgment that I felt and cared about in the past.”
KW – Sr. Network Engineer
- “I wanted to thank you from the deepest corner of my heart for the work we did yesterday. I have worked with countless individuals and techniques around this exact same issue for 15-20 years --- nothing ever made a detectable difference ... a true shift that I could immediately sense in the energetics of that matrix. ... You are absolutely amazing. Your service to humanity is huge. I don't know how you came to this work, but it is truly unique. I initially was resistant to my husband telling me I should work with you because, as I said above, I've done this kind of work over and over and over *ad nauseam* with people who promise the moon and don't deliver. They get to the same issues, similar time/space points, but never seem to clear anything. Yes, it's only 24 hours later, but I feel a tangible shift around my challenges with my business partner. So I want to work with you more.”
~M. Morningstaur., COO, Bend, OR
- “I found working with Rochele on my health problems a stimulating and often deeply moving experience. She seems very intuitive and capable of asking just the right questions that lead one into the deeper layers of one's unconscious. I am very grateful for all the help she offered me.”
~Thomas R. VERNY MD, DPsych., HDL, FRCPC
Psychiatrist and Author of *The Secret Life of the Unborn Child*
www.trvernymd.com